

Dermatology CONNECTION



The Newsletter of the University of Mississippi Medical Center Department of Dermatology

Patient Centered Subspecialty Care

Nancye McCowan, M.D.

Program Director, Complex
Medical Dermatology and
Cosmetic Dermatology

Julie Wyatt, M.D.

Complex Medical Dermatology,
Inpatient Dermatology and
Pediatric Dermatology

Kim Ward, M.D.

Cosmetic, Medical and Surgical
Dermatology

Robert Brodell, M.D.

General Dermatology and
Dermatopathology

Jeremy Jackson, M.D.

Cutaneous Lymphoma, Psoriasis
and Inpatient Dermatology

Will Black, M.D.

Mohs Surgery, Cutaneous
Oncology and Multidisciplinary
Melanoma Clinic

Stephen Helms, M.D.

Occupational Dermatology
and Patch Testing, Inpatient
Dermatology

From the Chair

This issue of the *Dermatology Connection* is devoted to keeping friends of the Department of Dermatology from Mississippi and around the country connected to the University of Mississippi Medical Center. The Department of Dermatology continues to advance with the addition of Stephen Helms, M.D. (contact dermatitis/occupational dermatology) this fall and Stephanie Jacks, M.D. (pediatric dermatology) next summer. Anna Asher, M.D. and Gary Bolton M.D. have joined the staff and will be adjunct faculty to assist with mentoring and teaching medical students and residents. They also will serve as attending physicians working in our recently established Residents Continuity Clinic. Next July we will have two new residents (Lauren Craig, M.D., and Michael Cosulich, M.D.) The full-time staff are continuing to carry the department seeing patients at our three sites, teaching the residents and students, and interviewing new resident candidates. I am often asked how we have accomplished so much in such a short period of time. The answer is clear. Our faculty and staff "donated" large amounts of time getting the department up and running beyond what would be expected based on a "normal" work week. We are inspired by our patients, residents, medical students, and colleagues to make a lasting contribution to the State of Mississippi. With empowerment comes responsibility, and each of the following individuals has excelled in tasks unrelated to their direct patient care efforts.



From the Chair continued on page 2

The Department of Dermatology of the University of Mississippi is making good progress toward a goal of developing a world-class Department. Our mission is clear:

1. to enhance the patient-centered care provided by dermatologists in Mississippi
2. to focus on subspecialty care needs of patients and to support our dermatology colleagues throughout the state
3. to provide high quality educational programming for medical students and residents
4. to provide timely and focused continuing medical education (CME) for dermatologists and other physicians in the State of Mississippi and throughout the region
5. to develop basic science, translational and clinical research programs that extend the knowledge base of dermatology

Department of Dermatology Lead Faculty

- **Will Black, M.D.**
Multispecialty Melanoma Clinic
Dermatology Resident Surgery Education
Director - Mohs Surgery
- **Stephen Helms, M.D.**
Continuing Medical Education
Editor, Newsletter
New Faculty Onboarding
- **Jeremy Jackson, M.D.**
Clinic Staff Education
Grants Ferry Dermatology Administration
Assistant Program Director
- **Nancye McCowan, M.D.**
Residency Program Director
Medical Student Electives
Face and Skin Center Administration
- **Kimberley Ward, M.D.**
Cosmetic Dermatology
Teledermatology
- **Julie Wyatt, M.D.**
Dermatology Grand Rounds/Visiting Professors
Pediatric Dermatology Liaison
Pavilion Suite K Administration
Medical Student Pediatric Dermatology Education
Hospital Consult Service

- **Ralph Daniel, M.D.**
Philanthropy Committee
- **Stephanie Jacks, M.D.**
Quality Assessment/Quality Improvement
Pediatric Dermatology Administration

If you have creative ideas for improving the Department of Dermatology, residency training, medical student training or patient services, please feel free to contact any of the individuals above through Peg Farnham, administrative assistant to the Chair, or call me directly at 330-883-5302.

I hope all of the readers of the Dermatology Connection had a wonderful 2013 and all of us in the Department of Dermatology look to a wonderful evolving relationship with each of you in 2014.

Bob Brodell, M.D.

*Professor and Chair
UMMC Department of Dermatology
Cell: 330-883-5302*

Congratulations!

Michael Osborne, Department Business Administrator, has been selected to serve concurrently as the Director of Business Operations for UMMC's Center for Telehealth. In this role, Michael has been able to serve the university in its critical outreach to underserved areas of the state and help Dr. Ward design a "store and forward" teledermatology system that will help us extend a hand to primary care physicians and dermatologists around the state who need specialized dermatology services.

Peg Farnham received a promotion to Administrative Assistant to the Chair of Dermatology. Peg is truly that glue that holds the Department of Dermatology together. As everyone who has interacted with Peg knows very well, she is efficient, hard working, unflappable, and supremely dedicated to the success of the department. Her ability to multi-task has become legendary in the halls of the medical center. Peg is a good person to know if you need information or help of any kind from UMMC Dermatology. You can contact Peg directly at 601-815-8000.

New Affiliate Clinical Faculty*

Gary Bolton, M.D.

Dr. Bolton was born in Jackson, Miss., and spent his childhood in various locations around the United States while his father served in the U. S. Navy. He graduated from Mississippi College then enrolled at the University of Mississippi School of Medicine where he was selected for membership in Alpha Omega Alpha. After finishing an Internal Medicine residency at UMMC in 1986, Dr. Bolton worked as an emergency room physician at Vicksburg Medical Center and at River Oaks Hospital. Switching careers in 1990, he started a Dermatology residency at Texas Tech University Health Sciences Center and has been in private practice in the Jackson metro area since 1993. He is board certified in Internal Medicine and Dermatology. He is a past president of the Mississippi Dermatological Society and has a particular interest in medical dermatology. He and his wife Jane have two daughters, Lauren and Anna. Lauren is married to Robbie Windmiller, and they have a daughter, Lucy. Dr. Bolton is an avid reader and enjoys playing with granddaughter Lucy when he has any free time.



Anna Asher, M.D.

Dr. Asher is a native of Hattiesburg, Miss. She received her undergraduate degree from Yale University then attended medical school at the University of Mississippi, where she was selected for membership in Alpha Omega Alpha. She completed her internship in Internal Medicine at the University of Mississippi Medical Center in 2005 and residency training in Dermatology at Tulane University in New Orleans in 2008 where she also served as Chief Resident her senior year. Dr. Asher enjoys all aspects of adult, pediatric and cosmetic dermatology. Anna is married to Fred Asher and they have two beautiful children, Laurence and Alena, who keep them very busy. When she has any spare time, she enjoys playing with her kids, reading, and occasionally ballroom dancing with her husband.



**Affiliate faculty are a critical part of our residency training program. They serve as supervisors of the dermatology resident continuity clinic, teach at Grand Rounds, resident and student conferences, and help us further the research mission of the University.*

Welcome

In November 2013, **Margaret Kovar** joined the staff of the Department of Dermatology as Education Administrator. Margaret is a wonderful person who is known for her talents and kindness. The learning curve is tremendously steep with regard to all of the rules and regulations of the Accreditation Counsel of Graduate Medical Education and Dermatology Residency Review Committee, as well as the requirements related to medical student and resident scheduling, maintenance of course requirements, and, finally, assisting with the needs of the program director and faculty. For any questions related to medical student and residency education at UMMC, you can call Margaret directly at 601-815-3061.

We are pleased to offer an early welcome to **Stephanie Jacks, M.D.**, who will be joining the UMMC Dermatology faculty as an Assistant Professor this summer. Stephanie was born and raised in Pine Bluff, Arkansas and received her Bachelor of Arts in Public Policy and Political Science at Vanderbilt University, where she was a National Merit Scholar and graduated summa cum laude. She attended The George Washington University School of Medicine, with a focus on community and urban health, and was elected to Alpha Omega Alpha. After an internship and dermatology residency at The Ohio State University, she stayed in Columbus, Ohio, where she is serving a fellowship in pediatric dermatology at Nationwide Children's Hospital.

Stephanie is married to John Elliott, who works as a human resources consultant. Her hobbies are running, being outdoors and spending time with her family, which also includes a 2-year-old daughter and two dachshunds. She is excited about joining an academic department of dermatology and having the opportunity to live her dream of caring for children, teaching medical students and residents, and helping the less fortunate among us.



Program Director Note

Nancy McCowan, M.D.

Welcome, Dermatology Residents, 2014!

We are pleased to introduce two new residents who will be joining us July 1, 2014. They are Lauren Craig, M.D., and Michael Cosulich, M.D.

Born and raised in northern Virginia, **Lauren Craig, M.D.**, attended the University of Virginia where she graduated with Distinction with a Bachelor of Arts in Biology. She earned her MD at the George Washington University School of Medicine and Health Sciences. She is currently completing her medicine internship at Washington Hospital Center in Washington, D.C. When she is not practicing medicine, Lauren enjoys running, traveling, horseback riding, discovering new restaurants and practicing yoga. She also continues to sing and write music, a life-long hobby since childhood.



Originally a native of New Jersey, **Michael Cosulich, M.D.**, attended the University of Pennsylvania where he graduated *magna cum laude* with a degree in bioengineering. He spent two years performing research at the Children's Hospital of Philadelphia before attending the Georgetown University School of Medicine where he graduated *cum laude*. He is currently completing his internship in internal medicine at Jersey Shore University Medical Center in Neptune, N.J. In his spare time, Michael enjoys playing basketball, flag football and snowboarding. He recently married his college sweetheart, Gloria, a management consultant with Accenture.



Matching Program for July 2015 Residents

The Department of Dermatology is participating in the National Residency Matching Program (NRMP) for the first time, seeking the dermatology residents who will begin training with us in July 2015. We have had an impressive number of applicants to our new program, with 145 candidates applying for the two training spots

which we now offer annually. "Ole Miss" Dermatology has been discovered, there is no doubt! With the able assistance of our current residents, Drs. Kenneth Saul and Kathleen Casamiquela, the faculty narrowed their search to 32 of the applicants who interviewed with us December 2 and 9. We now await the Match results in March as eagerly as any senior medical student.

Melanoma Minute

UMMC has developed a new multidisciplinary melanoma clinic at its Cancer Institute in the Jackson Medical Mall. The clinic offers "one-stop shopping" for patient convenience at the same time providing state of the art clinical coordination/continuity for all patients with melanoma or a history of melanoma, from stage 0 to stage IV. This endeavor brings together specialists from the Departments of Dermatology, Medical Oncology, Plastic Surgery and Otolaryngology.

"Patients are coordinated with the appropriate providers based on the characteristics of their melanoma," says William Black, M.D., a Mohs Surgery-trained Dermatologist who acts as the clinic's lead Dermatologist. He further explains that "someone with a melanoma in situ of the arm might only need to see me for excision, whereas someone with a deep primary melanoma will need Plastic Surgery to excise and perform a sentinel lymph node biopsy. Still another patient with metastatic melanoma may require a combination of surgery and chemotherapy. And of course all of these patients will need continued skin monitoring by a dermatologist."

A definite positive with this approach is that, in almost all cases, patients who need to see more than one provider are able to do so on the same day, making the sometimes tedious process of melanoma treatment and follow-up more convenient. However, according to Dr. Black, the greatest benefit to the patient is the continuity that such a clinic provides.

"It is great when Dr. Sheehan in Oncology can physically pull me in a room and ask what I think about a lesion or a particular issue. The providers are really able to put our minds together and come up with the best plan of care for these patients," he said.

Patient referrals can be made by calling 601-984-5590.

Dermatology Education and Research of Mississippi (DERM Fund) University of Mississippi Medical Center Foundation

The Louis "Skip" Wise Education Fund

The philanthropy committee of the University of Mississippi Medical Center (Ralph Daniel, M.D., Chair; Sabra Sullivan, M.D.; and Robert Brodell, M.D.) were delighted when Louis "Skip" Wise, M.D., agreed to the establishment of the Louis "Skip" Wise Fund. This fund is dedicated to bringing a visiting professor to Jackson, Miss., for an Annual Lecture in conjunction with the UMMC Grand Rounds. We thank our donors for raising more than \$40,000 for this endeavor thus far.

Skip Wise, the "Dean of Dermatology," was born in Yazoo City in 1931. The son of a well-respected judge, Skip graduated from University of Mississippi in Oxford. After college, he attended the two-year basic science medical school at 'Ole Miss and then matriculated to Tulane University in New Orleans for the clinical portion of his medical school training.

After graduating from Tulane, Skip then married the love of his life, Louise, who has been his soul mate for nearly 60 years. He came home to the medical center in Jackson for his internship and then returned to Tulane for his dermatology residency. Skip then opened his private practice in 1961 at the same location on Old Canton Road where he works today. One of the first residency-trained/board certified dermatologists in the state, Skip volunteered his time to teach resident physicians at UMMC for more than 34 years.

It is a privilege for all of Skip's friends to honor him in perpetuity for his passion, brilliance, modesty and affability. This distinguished gentleman and Mississippi treasure has touched us all.

2013 Donors

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General Dermatology Education and Research Fund

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THE DEPARTMENT OF DERMATOLOGY WEBSITE

The Department of Dermatology website went live in early December and can be found at:

http://www.umc.edu/Education/Schools/Medicine/Clinical_Science/Dermatology/Dermatology.aspx

Departmental Publications: 2013

I) Poster Presentations:

1. Saul KD GT Sasaki, JA Alfar, RT Brodell, OJ Wisco. Non-Melanotic Skin Cancer Biopsy Accuracy Rate Among Dermatologists. Poster Exhibit, American Academy of Dermatology Annual Meeting, March 1-5, 2013.
2. Brodell RT; B Schlosser, E Rafal, MD, D Toth, S Tyring, A Wertheimer, N Kerrouche, D Bucher. Patient Satisfaction with a Fixed-Dose Combination of Adapalene-Benzoyl Peroxide Gel as Part of a Regimen and Used Alone as Maintenance Therapy. Poster Exhibit, American Academy of Dermatology, 2013.
3. Brodell, RT; B Schlosser, E Rafal, MD, D Toth, S Tyring, A Wertheimer, N Kerrouche, D Bucher. Treatment with Adapalene-Benzoyl Peroxide Improve Quality of Life in Patients with Severe Acne Vulgaris. Poster Exhibit, American Academy of Dermatology, 2013.
4. Reddy R, CS Taylor, AR Cruse, JP Wyatt, and RT Brodell. Linear Sebaceous Hyperplasia of the Scalp or Nevus Sebaceous of Jadassohn? A Comparison of Clinicopathologic Presentations and Treatment in two cases. Poster Presentation, American Society of Dermatopathology, 50th Annual Meeting, Washington DC, October 10-13, 2013.

II) Publications:

1. Funovits AL, Wagamon KL, Mostow EN, Brodell RT. Refusal of shingles vaccine: implications for public health. *J Am Acad Dermatol*. 2012 Jun; 66(6):1011-2.
2. Fabro, S, E Mostow, S Helms, R Kasmer, R Brodell. The Pharmacist Role in Dermatologic Care. *Currents in Pharmacy Teaching and Learning*. Accepted for publication 9/25/13.
3. Young, BK, R.T. Brodell, and K.D. Cooper. Chapter 47: Therapeutic Shampoos In: *Wolverton SE, 3rd ed. Comprehensive Dermatologic Drug Therapy*. Philadelphia, PA:WB Saunders; 2013: 562-569.
4. Bukavina, L. and RT Brodell, Photo Quiz: Acute Vesiculobullous Rash: Prompt Diagnosis and Treatment Can Be Life-Saving. *American Family Physician*. Accepted for publication 11/9/12.
5. Allred, AK, N K McCowan, RT Brodell. Face and scalp rash in an adolescent. *Journal of Family Practice*. Accepted 2/27/13.
6. Zhang, J, R Reddy, RT Brodell. Thickening of Scars after 40 years. *J Am Acad Dermatol* Accepted for publication 3/14/13.
7. Offiah M, R Reddy, J Porter Wyatt, RT Brodell. Images In Dermatology: Sudden Onset of a Widespread Asymptomatic Rash. *J Am Acad Dermatol*. 2013; 69 (5):e215–e216.
8. Aouthmany M, AE Fischel, SE Helms, RT Brodell. Chapter 216: Scleredema, in *Treatment of Skin Disease*, 4th edition, eds. MG Lebwohl, J Berth-Jones, WR Heyman, I Coulson. Elsevier, 2014: 700-702.
9. Bukavina L, RT Brodell, and EN Mostow. Idiopathic Livedo Racemosa presenting with splenomegaly and diffuse lymphadenopathy. *Cutis*, Accepted for publication 5/13/13.
10. Tucker MG, K Ward and RT Brodell. Photo Rounds: A Centrally Confluent Brown Cutaneous Eruption on the Chest”*The Journal of Family Practice*, Accepted for publication 6/17/13.
11. Gathings R, J Abide, and RT Brodell. An Inflammatory facial rash best NOT treated with a topical steroid. *JAMA-Pediatrics*. Accepted for publication 7/29/13.
12. Mahony, Jeffrey, Stephen E. Helms, Robert T. Brodell, Chapter 13 THE SARCOIDAL GRANULOMA: A unifying hypothesis for an enigmatic response. *Clinics in Dermatology devoted to the Immunocompromised District*. Vincenzo Ruocco ed. Accepted for publication 7/15/13.
13. Dunbar, M, RT Brodell, SE Helms. 2 Dermatology: XVI Approach to the diagnosis of skin disease. In: Nabel, EG, editor. *ACP medicine [loose-leaf]*. Hamilton (ON): Decker Intellectual Properties; Accepted February 2013.
14. Rafferty, E and RT Brodell. Photo Rounds: Occipital scalp papules in an adolescent male. *The Journal of Family Practice*. Accepted for publication 9/6/13.
15. Bankhead, S, Jackson J, Brodell, RT. Erythematous Annular Plaques with Trailing Scale. *The Journal of Family Practice*. Accepted for publication 9/15/13.
16. Casamiquela, K, KD Saul, RT Brodell. Proposed Remedy to Chronic Back Pain among Dermatology Residents. *J Am Acad Dermatol*. Accepted for publication 11/15/13.
17. Brodell RT and SE Helms. Remaining a Great Physician in Tough Times: Learning from Business Principles. *Accepted Journal of the Mississippi Medical Society*. 10/6/13.
18. Brodell RT. Forward for Current Problems in Dermatology: Human Papillomavirus and the Development of Vaccines, eds. MK Ramirez-Fort, F Khan, P Rady, and SK Tyring. *Karger Medical and Scientific Publishers (Basel)*, 2014.
19. Brodell RT. Formulating a Treatment Plan for Moderate to Severe Psoriasis. *Psoriasis Management Clinical Updates*. September 2013: 33-40.

20. Dunbar M, SE Helms, RT Brodell. Commentary: Reducing cognitive errors in dermatology: Can anything be done? *J Am Acad Dermatol.* 2013; 69 (5): 810–813.
21. Amarnani A, Rosenthal KS, Brodell RT. Concurrent Treatment of Chronic Psoriasis and Asthma with Ustekinumab. *Journal of Dermatologic Treatment,* Accepted for publication 3/12/13.
22. Saraiya A, Bukavina L, Brodell RT, Bhatia AC. Assisted instrument tie to close scalp wounds. *JAMA Dermatol.* 2013 Jan;149(1):115-6.
23. Amarnani A, RT Brodell, EN Mostow. Finding the Evidence With Eponyms. *JAMA Dermatol.* 2013;149(6):664-665.
24. Shlapak, DP, KHM. Ward, RT Brodell. Images in dermatology: A dark papule within an unevenly pigmented plaque. *J Am Acad Dermatol,* 68, (5), May 2013, e149–e150.
25. Brodell, RT. and others. Compliance Handbook for Dermatopathology Services: Guidance for Dermatologists. American Academy of Dermatology, (Schaumburg, IL), 2013.
26. Brodell RT, CW Brown, SM Hacker, LH Kircik, A Hendi, T Custis, M Nundedkar, and J Zalla. Starting and Marketing a Dermatology Practice For Solo Practices. American Academy of Dermatology, (Schaumburg, IL), 2013.
27. Zalla J, M Nundedkar, Brodell RT, and LH Kircik, Starting and Marketing a Dermatology Practice For Group and Multispecialty Practices. American Academy of Dermatology, (Schaumburg, IL), 2013.
28. Brodell RT, SM Hacker, CW Brown, A Hendi, LH Kircik, A Hendi, and M Nundedkar. Valuing, Selling and Closing a Dermatology Practice. American Academy of Dermatology, (Schaumburg, IL), 2013.
29. Saraiya, A; A Al-Shoha, RT Brodell. Case Report: Hyperinsulinemia Associated with Acanthosis Nigrans, Finger Pebbles, Acrochordons, and Sign of Leser-Trelat. *Endocr Pract.* 2013 May-Jun;19(3):522-5.
30. Saraiya A, R Reddy, RT Brodell. Photo Rounds: Lower leg rash in an 8-year-old female. *The Journal of Family Practice,* Accepted for publication 6/18/13.
31. Brodell, LA, JD Brodell, RT Brodell. Recurrent Lymphangitic Cellulitis Syndrome: A Reflection of an Immunocompromised District. *Clinics in Dermatology,* devoted to the Immunocompromised District. Vincenzo Ruocco ed. Accepted for publication 7/15/13.
32. Huynh T, J Jackson, RT. Brodell. Tattoo and vaccination sites: possible nest for opportunistic infections, tumors and dysimmune reactions. *Clinics in Dermatology,* devoted to the Immunocompromised District. Vincenzo Ruocco ed. Accepted 11/1/13.
33. Rafferty, ER, RT Brodell, "Photo Rounds: Occipital scalp papules in an adolescent male," *The Journal of Family Practice.* Accepted for publication 9/5/13.
34. Bukavina L, N. Rangwani and RT Brodell. Angioedema of Lips. *J of AAFP.* Accepted for publication 11/22/13.
35. RT. Brodell, and SE. Helms, Remaining a Great Physician in Tough Times: Learning from Business Principles, Submitted Mississippi Medicine. Accepted 10/6/13.
36. Gathings RM, Reddy R, Wyatt JP. Grouped Hemorrhagic Vesicles. *JAMA Pediatrics* on Accepted for publication 11/26/13.
37. Aouthmany M, AE Fischel, SE Helms, RT Brodell. Chapter 216: Scleredema, in *Treatment of Skin Disease,* 4th edition, eds. MG Lebwohl, J Berth-Jones, WR Heyman, I Coulson. Elsevier, 2014: 700-702.
38. Cruse A, R Reddy, K Saul, RT Brodell, W Black, Images in Dermatology: An Indurated Rash in a Newborn, *J Am Acad Dermatol.* Accepted for publication 12/30/13.
39. Hobbs, C, VK Nahar, MA Ford, MA Bass, RT Brodell, Cancer Knowledge, Attitudes, and Behaviors of Collegiate Athletes. *Journal of Skin Cancer.* Submitted 1/2/14
40. Offiah M, Brodell RT, Campbell LR, Wyatt JP. Collodion-like Membrane in a Newborn Exposed to Infliximab. *J Am Acad Dermatol.* Accepted 1/13/14
41. Gathings RM, Reddy R, Bhatia A, Brodell R. Nevus Spilus: Presence of Hair Unlikely Associated with an Increased Risk of Melanoma. Accepted in *Cutis* on January 14, 2014.

